



**Typical Daily Schedule**

Breakfast – Group Duty  
Group Reflection  
Learning Tracts

- Water Quality
- Soil and Land Use
- Forestry Studies
- Stream bank Restoration

Lunch – Group Duty  
Afternoon Activities

- Crafts
- Tubing/Canoeing
- ALIVE Leadership
- Recreation

*(Choices)*

Volleyball  
Horseshoes  
Board games  
Hiking  
Geo-caching  
Fishing  
Nature Center

Dinner – Group Duty  
Evening Program

- Outdoor Movie/Popcorn
- Campfire
- Night Hike/Owl Program



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## ALIVE BY THE JAMES

For more information:

Call:

Ruth Wallace at 434-969-4261 or  
Sherry Ragland at 434-983-4757, Ext. 4

Write to: Ruth Wallace  
Buckingham VCE  
PO Box 227  
Buckingham, VA 23921-0227

Website: [www.olddominionrcd.org](http://www.olddominionrcd.org)

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